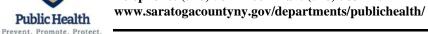
## Saratoga County

## SARATOGA COUNTY PUBLIC HEALTH SERVICES

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Everyone looks forward to this time of year, the Holidays, a time for family and friends to gather, but this year the consideration of health needs to be the topmost priority to ensure safe holidays for all.

## Some Holiday Gathering Considerations:

- ✓ Gather outside or in a well-ventilated area whenever possible
- ✓ Keep gatherings to those who live in the same household
- ✓ If outside household members are attending maintain social distancing & minimize guest-list to 10 or less
- ✓ Maintain social distancing of a minimum of 6 feet, including arranging table and chairs to accommodate social distancing
- ✓ Limit the time spent together for persons that do not live in the same household
- ✓ If you have frequent contact with or are a person from a vulnerable population (example: over 65, immunocompromised, have diabetes or high blood pressure), you should consider attending virtually and not in person
- ✓ Use technology from different locations (such as facetime/zoom) to share time together or visit on the phone (put the phone on speaker)
- ✓ Wear face-coverings
- ✓ Don't hug or handshake, instead elbow bump
- ✓ Have hand sanitizer available, wash hands often
- ✓ Clean frequently touched surfaces regularly
- ✓ No person with any signs of illness should attend
- ✓ Serve individual drinks, NO communal drinks such as punch
- ✓ Limit the number of persons that prepare food & Limit use of shared utensils